## FEBRUARY 2023 ASSISTED LIVING

## CALENDAR IS SUBJECT TO CHANGE

<b>SUNDAY</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Valentine's Day			1 9:00 CARE PLANS 9:30 EXERCISE 10:30 BRAIN GAMES 1:30 BINGO 2:30 LUCKY DOG	9:30 EXERCISE 10:30 WORD SCRAMBLE 11:00 WALKING GROUP 1:00 ARTS & CRAFTS	3 NAT'L WEAR RED DAY 9:30 EXERCISE TO MUSIC 10:30 DEVOTIONS W/HARVEY 11:00 ST HELEN VISIT 11:00 BINGO 1:00 CHILLIN & GRILLIN 2:00 MUSIC W/RICHARD	4 10:00 DOMINOES 3:00 JOURNEY THROUGH THE BIBLE
CHURCH SERVICE 3:00 PM CLUBHOUSE	6 9:30 EXERCISE 10:30 BRAIN GAMES 1:30 BINGO 3:00 REFRESHMENTS TABLE TALK	7 9:30 SITTERCISE TO MUSIC 10:30 WORD SCRAMBLE 11:00 DEVOTIONS W/HARVEY U-2 1:30 MUSIC W/JOSEPH Sunroom u2	8 9:00 CARE PLANS 9:30 MOTION TO MUSIC 10:30 BRAIN GAMES 1:15 BINGO 2:30 WALKING GROUPS 3:00 SNACKS & REFRESHMENTS	9 9:30 EXERCISE 10:00 1ST PRESBYTERIAN 1:00 ADULT COLORING 2:30 MUSIC W/ MARSCHALL & SALLY	10 9:30 LETS DANCE 10:00 WORD SCRAMBLE 10:30 DEVOTIONS W/HARVEY 11:30 ST.HELEN VISIT 1:15 BINGO 2:30 LETS WALK	11 10:00 DOMINOES 3:00 JOURNEY THROUGH THE BIBLE
CHURCH SERVICE 3:00 PM CLUBHOUSE	9:30 MOTION TO MUSIC 10:30 BRAIN GAMES 1:30 BINGO 2:30 LETS BAKE	14 VALENTINES DAY  9:30 HEART HEALTHY EXECSISE 12:00 BIRTHDAY LUNCHEON 2:00 MUSIC W/NICK 2:30 VALENTINES TREATS	15 9:00 CARE PLANS 9:30 LETS STRETCH/YOGA 10:30 BRAIN GAMES 11:00 RESIDENT COUNCIL AL 1:30 BINGO 3:00 AFTERNOON SOCIAL	16 9:30 EXERCISE 10:30 WORD SCRAMBLE 11:00 DEVOTIONS W/HARVEY U-2 1:30 UNO 2:30 POPCORN & A MOVIE	9:30 LETS DANCE 10:00 BRAIN GAMES 10:30 DEVOTIONS W/HARVEY 11:00 ST HELEN VISIT 1:00 BINGO 2:00 MUSIC W/TONY	18 10:00 DOMINOES 3:00 JOURNEY THROUGH THE BIBLE
19 CHURCH SERVICE 3:00 PM CLUBHOUSE	20 PRESIDENT'S DAY  9:30 MOTION TO MUSIC 10:30 WORD SCRAMBLE 1:15 BINGO 2:30 SNACKS REFRESHMENTS	9:30 CARDIO BLAST 10:30 BRAIN GAMES 11:00 TRIVIA 3:00 WALKING GROUP	22 ASH WEDNESDAY  9:00 CARE PLANS 9:30 CHAIR YOGA 10:30 WORD GAMES 1:30 BINGO 3:00 WALKING GROUP	23 9:30 EXERCISE 10:30 TRIVIA 11:00 DEVOTIONS W/HARVEY U-2 1:00 ARTS & CRAFTS 3:00 ENTERTAINMENT 4:30 FRIENDS & FAMILY DINNER ALF	11:00 ST. HELEN VISIT 1:30 BINGO	25 10:00 DOMINOES 3:00 JOURNEY THROUGH THE BIBLE
6 CHURCH SERVICE 3:00 pm CLUBHOUSE	9:30 EXERCISE 10:30 BRAIN GAMES 1:15 BINGO 2:30 AFTERNOON STROLL	28 9:30 CHAIR EXERCISE 10:30 BRAIN GAMES 1:15 ADULT COLORING 2:00 MUSIC W/RON		FEBRUARY BIRTHDAYS  2/2 Carol Robins Clubhouse  2/4 Darien Silver Cottage  2/7 Eleanor Carson Villa  2/7 Doris DeVries Cottage  2/11 Richard Houchins Clubhouse  2/14 Edna Hitzel Cottage	FEBRUARY BIRTHDAYS  2/18 Joanne Johnson AL  2/18 Marion Milt AL  2/19 Cathryn Smith Cottage  2/21 Jim Watt Clubhouse  2/25 John Yoder Clubhouse  2/27 Jan Stevenson Clubhouse	