



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Legend:</b> <b>CH-Club House</b> <b>AL-Assisted Living</b> <b>PV-Pavilion</b> <b>SND-Skilled Nursing</b> <b>Dining</b> <b>RR-Room to Room</b> <b>*-Need to sign up at front desk Ext:1</b> 	<b>1</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-AL 1:30 Bingo-AL 3:00 Fingernail Art-AL  <i>Canada Day</i>	<b>2</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:00 Crafts-AL 2:00 Entertainment-AL (Diggers) 3:00 Brain Games-AL	<b>3</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Garden Club-AL 11:30 Fourth of July Celebration-CH 1:30 Music Matters-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	<b>4</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Trivia-AL 1:30 Red, White and Blue Celebration-AL 3:00 Word Games-AL  <i>Independence Day (US)</i>	<b>5</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Pet Therapy-AL 3:00 Brain Games-AL	<b>6</b> 9:30 Room Visits-AL 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
<b>7</b> 3:00 Church Service-CH  *Games & Puzzles available Upon request.	<b>8</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-AL 1:30 Bingo-AL 3:00 Fingernail Art-AL	<b>9</b> 9:00 Room Visits-A 9:30 Chair Exercises-ALL 10:30 Dominos-AL 1:30 Crafts-AL 3:00 Brain Games-AL	<b>10</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Garden Club-AL 12:00 Pizza Party-CH 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	<b>11</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Trivia-AL 2:00 Entertainment-AL (Sally & Marshall) 3:00 I Spy Game-AL 6:30 Women's Bible Study-CH	<b>12</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Pet Therapy-AL 2:00 Ice Cream Social-AL 3:00 Board Games-AL	<b>13</b> 9:30 Room Visits-AL 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
<b>14</b> 3:00 Church Service-CH  *Games & Puzzles available Upon request.	<b>15</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-AL 1:30 Bingo-AL 3:00 Fingernail Art-AL	<b>16</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Dominos-AL 1:30 Crafts-AL 3:00 Brain Games-AL	<b>17</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	<b>18</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Trivia-AL 2:00 Birthday Bash-AL (Tony Entertaining) 6:30 Women's Bible Study-CH	<b>19</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Pet Therapy-AL 3:00 Baking Cookies-AL	<b>20</b> 9:30 Room Visits-AL 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
<b>21</b> 3:00 Church Service-CH  *Games & Puzzles available Upon request.	<b>22</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-AL 1:30 Bingo-AL 3:00 Fingernail Art-AL	<b>23</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Dominos-AL 2:00 Root Beer Floats-AL 3:00 Brain Games-AL	<b>24</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	<b>25</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Trivia-AL 1:30 Jokes & Riddles-AL 4:00 Friends & Family-*CH	<b>26</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 2:00 Entertainment-AL (Ron Finn) 3:00 Dominos-AL	<b>27</b> 9:30 Room Visits-AL 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
<b>28</b> 3:00 Church Service-CH  *Games & Puzzles available Upon request.	<b>29</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-AL 1:30 Resident Council-AL 2:15 Food Committee-AL 3:00 Bingo-AL	<b>30</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Dominos-AL 1:30 Crafts-AL 3:00 Brain Games-AL	<b>31</b> 9:00 Room Visits-AL 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	 <p style="text-align: center;"><b>JULY 2024</b>            Hidden Lakes Assisted Living Activity Calendar</p>			

\*Activities are subject to change.

\*Please call Sherri at ext:10 for Beauty Shop Reservations.