



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Legend: CH-Club House AL-Assisted Living PV-Pavilion SN-Skilled Nursing RR-Room to Room 	1 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-RR 1:30 Bingo-AL 3:00 Fingernail Art-AL Canada Day	2 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:00 Crafts-AL 2:00 Entertainment-AL (Digger's) 3:00 Brain Games-AL	3 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Music Matters-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	4 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Trivia-AL 1:30 Red, White and Blue Celebration-CH 3:00 Word Games-AL Independence Day (US)	5 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Pet Therapy-RR 3:00 Brain Games-AL	6 9:30 Room Visits-RR 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
7 3:00 Church Service-CH *Games & Puzzles available Upon request.	8 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-RR 1:30 Bingo-AL 3:00 Fingernail Art-AL	9 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Dominos-AL 1:30 Crafts-AL 3:00 Brain Games-AL	10 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Garden Club-AL 12:00 Pizza Party-RR 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	11 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Trivia-AL 2:00 Entertainment-AL (Sally & Marshall) 3:00 I Spy Game-AL	12 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Pet Therapy-RR 2:00 Ice Cream Social-AL 3:00 Board Games-AL	13 9:00 Room Visits-RR 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
14 3:00 Church Service-CH *Games & Puzzles available Upon request.	15 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-RR 1:30 Bingo-AL 3:00 Fingernail Art-AL	16 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Dominos-AL 1:30 Crafts-AL 3:00 Brain Games-AL	17 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	18 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Trivia-AL 2:00 Birthday Bash-AL (Tony Entertaining)	19 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Pet Therapy-RR 3:00 Baking Cookies-AL	20 9:00 Room Visits-RR 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD) 3:00 Movie-AL	
21 3:00 Church Service-CH *Games & Puzzles available Upon request.	22 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-RR 1:30 Bingo-AL 3:00 Fingernail Art-AL	23 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Dominos-AL 2:00 Root Beer Floats-AL 3:00 Brain Games-AL	24 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	25 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Trivia-AL 1:30 Jokes & Riddles-AL 3:00 Brain Games-AL	26 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 2:00 Entertainment-AL (Ron Finn)	27 9:30 Room Visits-RR 10:00 Chair Exercises-AL 10:30 Bingo-AL 2:30 Through the Bible-AL (30 min. DVD)	
28 3:00 Church Service-CH *Games & Puzzles available Upon request.	29 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Coffee & Donuts-AL 1:30 Resident Council-AL 2:15 Food Committee-AL 3:00 Bingo-AL	30 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Dominos-AL 1:30 Crafts-AL 3:00 Brain Games-AL	31 9:00 Room Visits-RR 9:30 Chair Exercises-AL 10:30 Garden Club-AL 1:30 Bingo-AL 3:00 Hump Day Social-AL 6:00 Movie Night-AL	 <p style="text-align: center;">JULY 2024 Hidden Lakes Skilled Nursing Activity Calendar</p>			

*Activities are subject to change.

*Please call Sherri at Ext:10 for Beauty Shop Reservations.