



SENIOR LIVING COMMUNITY

1006 33rd Street • Vero Beach, FL 32960 • 772-567-5248

Hidden Lakes Administration

Executive Director	Dan Bohler
Administrator	Mary Anne Sherry
Business Office Manager/HR	Joelly LaPaz
Director of Nursing	Jasmine Bucklin
Director of Therapy	Caitlin Roush
Dietary Director	Elaine Weisse
MDS Coordinator/LPN	Tracy Giuffrida
Environmental Services	Nicole Jared
Maintenance Director	Greg Garland
Admissions Coordinator	Jordan Phillips
Activities Director	Christina Bohler

May Birthdays

5	Ann P.
6	Virginia M.
13	Rose W.
19	Marilyn C.
22	Nancy G.
24	Vanessa M.

Important Dates in May

2	Pizza Party
9	Mother's Day Delivery
11	Mother's Day Lunch
15	Pancake Breakfast
16	Ice Cream & Trivia
26	Memorial Day Cookout
28	Resident Council
30	Movie Night



May 2025

Resident Spotlight - Theola Jones

Theola was born into a family of five boys. As the only girl in the family, she had to learn to be strong! Theola accepted the Lord into her life when she was 16 years old. She was dating her soon-to-be husband at the time. She was married to her husband for 63 years and they loved raising their children together. After raising her children, she went to work at an insurance company for eight years. Then she and her husband retired together. She currently has 27 great-grandchildren. She is grateful her grandson, Brian, who found Hidden Lakes. She enjoys living in the clubhouse and she thanks God for the many friends she has met here!



Resident Wildlife Spotlight by Gail Reiss



If you are outside at dusk or dawn in Hidden Lakes, you have most likely heard the **GREAT HORNED OWL'S** unmistakable, hauntingly deep hooting voice. With its long, earlike tufts and intimidating yellow-eyed stare, the majestic Great Horned Owl is an amazing sight to behold. I was so lucky to photograph two of these owls at dusk in the massive pine tree by our maintenance building. Even though the female is larger than her mate, the male has a larger voice box and a deeper voice. They have talons that exert up to 28 pounds of force when used to sever the spines of captured prey. This bird of prey is common throughout Florida and can be found in forests, wetlands, yards, and cities.

Today, it is illegal to hunt owls, and their populations naturally fluctuate depending on the prey available. The oldest Great Horned Owl on record was at least 28 years old.

New! Walking Club Starts This Month!

If you are interested in joining Walking Club with Diane, meet at the clubhouse on Mondays and Thursdays at 9:00am!

This Month's Theme

Our theme this month is Musicals! Some special events will include a Willy Wonka Pancake Breakfast with chocolate chip pancakes on May 15th at 8:30am, and Ice Cream with Musical Trivia on May 16th at 1:30pm.

Talent Show

This month's Friends & Family Dinner on May 29th will include a Talent Show by residents, family members & staff! Please sign up in the clubhouse or call the office. We will have a practice performance on May 28th after the Resident Council meeting. We encourage everyone to participate to show off your many talents!



Mother's Day Events

On Friday, May 9th, we will deliver a Mother's Day treat to your residence! On Sunday, May 11th, we will have a special Mother's Day lunch at 12:00pm at the clubhouse.

The History of Memorial Day

Observed with ceremonies and parades, Memorial Day honors the men and women who gave their lives while serving in the U.S. military.

After the Civil War ended in 1865, people in various cities began decorating the graves of fallen soldiers with flowers, flags and wreaths. This inspired Maj. Gen. John A. Logan, the head of a veterans organization, to designate May 30, 1868, as Decoration Day, a national day of remembrance. It's believed that date was chosen because it didn't fall on the anniversary of any battle, and flowers would be in bloom all over the country.

On that first Decoration Day, a large ceremony was held at Arlington National Cemetery in Washington, D.C. Officials gave speeches, and more than 5,000 people placed small American flags on the graves of 20,000 Civil War soldiers.

After World War I, Decoration Day was expanded to honor fallen soldiers from all wars. An act of Congress officially renamed it Memorial Day in 1967, and when the law went into effect in 1971, the date of observation was changed to the last Monday in May.





Gardens Around the Globe

With blooming flowers and budding trees, a garden in springtime is an inviting place to enjoy nature's splendor.

Keukenhof. Called the "garden of Europe," this park in the western Netherlands is famous for its brilliant display of Dutch tulips, along with daffodils, crocuses, hyacinths and bluebells. More than 7 million bulbs are planted each year for

the burst of color that unfolds from March through May.

Gardens of Versailles.

Commissioned by King Louis XIV in 1661, this formal French garden outside of Paris covers 2,000 acres on the grounds at the Palace of Versailles. Visitors can walk along topiary-lined pathways or ride a boat on the Grand Canal to view thousands of trees and plants and hundreds of statues and fountains.

Villa d'Este. The enchanted terraced gardens of this Renaissance-style estate in Tivoli, Italy, date back to the 16th century and are known for their elaborate water features, including waterfalls, fish ponds and over 50 fountains.

A Look Back at Good Times With Good Friends!



Wit & Wisdom

"The butterfly counts not months but moments, and has time enough."

—Rabindranath Tagore

"Just as the bird sings or the butterfly soars, because it is his natural characteristic, so the artist works."

—Alma Gluck

"Literature and butterflies are the two sweetest passions known to man."

—Vladimir Nabokov

"Love is like a butterfly, a rare and gentle thing."

—Dolly Parton

"There is nothing in a caterpillar that tells you it's going to be a butterfly."

—R. Buckminster Fuller

"I only ask to be free. The butterflies are free."

—Charles Dickens

"To catch the butterflies and the rainbows of your dream, walk alone, keep faith in yourself, focus your energy and start the adventure."

—Amit Ray

"We are closer to the ants than to the butterflies. Very few people can endure much leisure."

—Gerald Brenan



TV Moms

As in real life, TV moms can make us laugh and cry, as well as teach us valuable life lessons along the way. Here are some memorable mothers of the small screen.

Debut	TV Show	Character	Actress
1957	"Leave It to Beaver"	June Cleaver	Barbara Billingsley
1969	"The Brady Bunch"	Carol Brady	Florence Henderson
1974	"Good Times"	Florida Evans	Esther Rolle
1982	"Family Ties"	Elyse Keaton	Meredith Baxter
1991	"Home Improvement"	Jill Taylor	Patricia Richardson
1996	"Everybody Loves Raymond"	Marie Barone	Doris Roberts
2009	"Modern Family"	Gloria Delgado-Pritchett	Sofia Vergara
2014	"Black-ish"	Rainbow Johnson	Tracee Ellis Ross

"This Month In History"

MAY

1900: Thousands of people, including teams of scientists, gather in parts of the Southeastern U.S. to view a total solar eclipse.

1916: The Saturday Evening Post publishes its first cover that features a painting by Norman Rockwell.

1927: Aviator Charles Lindbergh successfully completes the first nonstop solo flight across the Atlantic Ocean.

1932: Comedian Jack Benny's first radio show is broadcast.

1942: The Women's Army Auxiliary Corps is created, enabling women to enlist for noncombat military duties.

1952: Originally created in Austria as a breath mint, Pez candy is sold for the first time in the U.S.

1961: Aboard the Freedom 7 space capsule, astronaut Alan Shepard is the first American to travel into space. His suborbital flight lasted 15 minutes.

1971: The NPR radio program "All Things Considered" premieres.

1991: Queen Elizabeth II becomes the first British monarch to address the U.S. Congress.

2004: At age 40, Randy Johnson of the Arizona Diamondbacks makes MLB history as the oldest pitcher to throw a perfect game.

2014: The music video "Gangnam Style," by South Korean pop star Psy, is the first video to reach 2 billion views on YouTube.

2017: "Wonder Woman" premieres in Los Angeles. The superheroine's story was the summer's highest-grossing movie.