

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2024

Hidden Lakes Assisted Living

		1		2		3							
		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Balloon Volley-AL 1:30 Trivia-AL 2:30 Sing Along-AL		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Resident Council-TBA 3:00 Bingo-SND <small>Groundhog Day</small>		10:15 Exercise-AL 2:00 Movie/Popcorn-AL							
4		5		6		7		8		9		10	
2:00 Church Service-CH		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Coffee/Donuts-AL 1:30 Bingo-SND 2:30 Finger Nail Art-SND		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Craft Hour-SND 1:30 Dominos-AL 2:30 Brain Games-AL		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Card/Board games-AL 1:30 Bingo-SND 2:30 Hump Day Social-SND		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Balloon Volley-AL 1:30 Trivia-AL 2:30 Sing Along-AL		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Brain Games-AL 2:30 Ice Cream Social-SND		10:15 Exercise-AL 2:00 Movie/Popcorn <small>Chinese New Year (Year of the Dragon)</small>	
11		12		13		14		15		16		17	
2:00 Church Service-CH		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Coffee/Donuts-AL 1:30 Bingo-SND 2:30 Finger Nail Art-SND		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Craft Hour-SND 2:30 Mardi Gras Party-TBA <small>Mardi Gras</small>		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Card/Board Games-AL 1:30 Bingo-SND 2:30 Sweetheart Party-SND <small>Valentine's Day</small>		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Balloon Volley-AL 1:30 Trivia-AL 2:30 Sing Along-AL (Tony)		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Brain Games-AL 2:30 Bingo-AL		10:15 Exercise-AL 2:00 Movie/Popcorn	
18		19		20		21		22		23		24	
2:00 Church Service-CH		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Coffee/Donuts-AL 1:30 Bingo-AL 2:30 Finger Nail Art-SND <small>Presidents' Day (US)</small>		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Craft Hour-SND 1:30 Puzzles-AL 2:00 Entertainment-CH (Ash)		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Card/Board Games-AL 1:30 Bingo-SND 2:30 Hump Day Social-SND		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Balloon Volley-AL 1:30 Trivia-AL 2:30 Music Sing Along-AL		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Pastor Harvey-AL 1:30 Brain Games-AL 2:00 Birthday Bash-SND (Ron Finn)		10:15 Exercise-AL 2:00 Movie/Popcorn	
25		26		27		28		29		Key: AL-Assisted Living SND-Skilled Nursing Dining Room CH-Club House PV-Pavillion TBA-To Be Announced 			
2:00 Church Service-CH		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Coffee/Donuts-AL 1:30 Bingo-SND 2:30 Finger Nail Art-SND		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Craft Hour-SND 1:30 Board Games-AL 2:30 Brain Games-AL		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Card/Board Games-AL 2:30 Hump Day Social-SND		9:00 Room Visits 9:30 Chair Exercises-AL 10:30 Balloon Volley-AL 1:30 Trivia-AL 2:30 Sing Along-AL 4:00 Friends&Family-CH					

*Activities are subject to Change.