



SENIOR LIVING COMMUNITY

1006 33rd Street • Vero Beach, FL 32960 • 772-567-5248

Hidden Lakes Administration

Executive Director	Dan Bohler
Administrator	Mary Anne Sherry
Business Office Manager/HR	Joelly LaPaz
Director of Nursing	Jasmine Bucklin
Director of Therapy	Caitlin Roush
Dietary Director	Elaine Weisse
Environmental Services	Nicole Jared
Admissions Coordinator	Jordan Phillips
Activities Director	Christina Bohler

December Birthdays

9	Barb L.
25	Pastor Harvey

Important Dates in December

3	Kids' Christmas Program
5	Christmas Cookie Exchange
7	Christmas Movie under the stars
9	Christmas Lights Outing
11	Christmas Pancakes & Sundaes
14	Cornerstone Christian Church Sing-a-long
15	Resident Christmas Party
19	Live Nativity
22	Christmas Movie at Majestic Theater
24	Christmas Eve Carols
25	Christmas Lunch
31	Franks & Fireworks



December 2025

Resident Spotlight - Anita Mills



Anita Mills - Villas

Anita was born in Dobbsferry, New York. She has four siblings. The majority of her career was spent in banking. She was married for thirty-eight years. After she retired, she moved from New York to Florida with her husband and two children. She sold her home in Garden Grove and moved to a Hidden Lakes villa four years ago. Anita is very involved in community activities and outings and often volunteers around our campus. She is part of the Mahjong club, enjoys playing bingo and feeding the ducks. She says she loves everything about Hidden Lakes and appreciates the staff and all they do for her.

Transportation - Medical Appointments

As a new year begins, starting in January we will have to keep a stricter schedule with transportation to appointments because we will only have a driver on campus on specific days and hours. Please call the office in advance to schedule your appointments Monday, Tuesday and Thursday between 9:00am - 3:00pm. If there is a need for an emergency appointment, call the activities office ext. 19 or call the driver directly.

Christmas Wishes From Hidden Lakes

From all of the staff at Hidden Lakes, we wish you a Merry Christmas and a Happy New Year! We truly appreciate you being part of our community!

Employee of the Month



Vivi Nguyen, RN

We are proud to recognize Nurse Nguyen as our November Employee of the Month. Vivi consistently delivers exceptional, patient-centered care with calm professionalism and genuine compassion. She anticipates needs before they're spoken, advocates fiercely for her patients and their families, and is a steady, reassuring presence. Vivi sets the standard for teamwork and clinical excellence. She collaborates seamlessly with therapy, and social services. She communicates clearly and respectfully. Her attention to detail in assessments and documentation keeps our team aligned and our patients safe. Her willingness to mentor new staff strengthens our whole unit. We appreciate her for her leadership, integrity and heart. Congratulations on this well-deserved recognition!

Live Nativity, With Animals to Visit!- December 19th



Everyone is invited to this FREE event ...

even see a little snow!

Come enjoy hot cocoa, cookies, popcorn & s'mores! Santa and Mrs. Claus will be stopping by, and we may

Wildlife Resident Spotlight by Gail Reiss



Whistling Ducks

One of our cutest but noisiest residents is the **Black-bellied Whistling Duck**. These ducks are known for their distinctive appearance with a bright red bill, long pink legs, brown body, black belly and a white patch on the wings. They are often heard before they are seen. Since 1968, Black-bellied Whistling Ducks have been found in central and south Florida in late summer and early fall. In recent years, these ducks have become year-round residents in all of peninsular Florida. They are considered nocturnal by nature and do most of their feeding and flying at night. They are active during the day searching for food and preening while perched in trees. These ducks are in constant communication with each other through small whistles and peeps. A large flock overhead can be startling with all the noise they make talking to each other. Black-bellied Whistling Ducks are monogamous and mate for life. The males also help with incubating the clutch of 9 to 18 eggs, which hatch into black and yellow striped ducklings. They eat seeds, plants, invertebrates, spiders and insects in and around the water. The ducks stay together as a family unit for about 6 months.



Brain Bender: Ho, Ho, Ho!

Santa Claus needs some help with this puzzle. He's filled in some of the blanks with his famous laugh, but can you come up with the remaining letters to answer each clue?

- Hershey's addict: _ H O _ _ H O _ _ _
 - Listing of famous names: _ H O ' _ _ H O
 - "Deer" and "dear," for example: H O _ _ _ H O _ _ _
 - Be patient!: H O _ _ _ _ _ H O _ _ _ _ !
 - Slang for a person in charge: _ _ _ _ H O _ _ H O
 - To the fullest extent: _ H O _ _ _ H O _
 - A backyard game: H O _ _ _ _ H O _ _
 - Distinguished Oxford student: _ H O _ _ _ _ _ H O _ _ _
 - One-handed basketball throw: H O _ _ _ H O _
 - Helps with getting into footwear: _ H O _ H O _ _
- (Answers: 1. chocoholic; 2. who's who; 3. homophones; 4. Hold your horses; 5. head honcho; 6. whole hog; 7. horseshoes; 8. Rhodes scholar; 9. hook shot; 10. shoehorn)

Office Will Be Closed:

December 25, 26, 31

Free Concert Outing - December 18

SENIOR RESOURCE ASSOCIATION FOUNDATION
Presents the Silver Tones Holiday Concert

Silver Tones

SONGS OF
**PEACE
AND JOY**
FOR THE HOLIDAYS

**THURSDAY
DECEMBER 18
6 PM**

First Presbyterian Church
520 Royal Palm Blvd.
Vero Beach, FL 32960

This season's concert will be held in McAlister Hall

772.569.0760
SeniorResourceAssociation.org

Senior Resource Association Foundation

No Charge, Donations Welcomed.
Proceeds benefit essential support for seniors,
such as Senior Resource Association's DayAway
and Meals on Wheels programs.

Our Heartfelt Gratitude
Senior Resource Association's Silver Tones
choir brings the joy of song to our community
thanks to generous sponsorship initiated by
Michael and the late Kathie Pierce - a treasured
tradition that Michael continues.

Friends & Family Franks & Fireworks - December 31



Come out to
the pavilion for a
cookout and
fireworks display
to celebrate the
New Year!

Master's Academy Kindergarten Christmas Program - December 3

The Kindergarten from
Master's Academy will be
performing their program for us
in the clubhouse at 9:40am on
December 3rd. They will also be
bringing books to read with us.
They are so cute, you don't want
to miss it!

Wit & Wisdom

"The glow of one warm
thought is to me worth more
than money."

—Thomas Jefferson

"Yet, taught by time, my heart
has learned to glow for other's
good, and melt at other's woe."

—Homer

"From the glow of enthusiasm I
let the melody escape."

—Ludwig van Beethoven

"Believing in your own worth
radiates enough inner light to
make you glow."

—Richelle E. Goodrich

"When we recall the past,
we usually find that it is the
simplest things—not the great
occasions—that in retrospect
give off the greatest glow
of happiness."

—Bob Hope

"Together we glow brighter than
the sun and moon. Combined,
we are love."

—Sanjo Jendayi

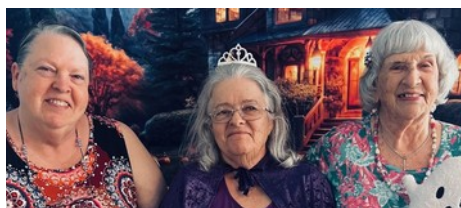
"Music brings a warm
glow to my vision, thawing
mind and muscle from their
endless wintering."

—Haruki Murakami

"We are all worms, but I do
believe that I am a glow-worm."

—Winston Churchill

Good Times With Good Friends ...





Color of the Year

Each December since 2000, the Pantone Color Institute announces its choice for the upcoming “Color of the Year,” by looking at current influences from fashion, entertainment, technology and other cultural trends.

A code is assigned to each Pantone color to ensure consistency wherever it is used. Here’s a look back at some palette picks from previous years:

Year	Color	Code	Symbolism
2000	Cerulean	Pantone 4020	Peace, relaxation
2002	True Red	Pantone 1664	Passion, power
2005	Blue Turquoise	Pantone 5217	Gentle reassurance
2013	Emerald	Pantone 5641	Beauty, prosperity
2014	Radiant Orchid	Pantone 3224	Confidence, joy
2018	Ultra Violet	Pantone 3838	Original, futuristic
2020	Classic Blue	Pantone 4052	Open to possibilities
2021	Illuminating (Yellow) & Ultimate Grey	Pantone 0647 & Pantone 5104	Warmth, steadiness
2025	Mocha Mousse	Pantone 17-1230	Nurturing, comfort

“This Month In History” DECEMBER

1907: On New Year’s Eve, a ball decorated with 100 lightbulbs is lowered down a flagpole over New York City’s Times Square. The ball drop has been featured in the annual celebration ever since.

1918: In the first official visit by a U.S. president to Europe, Woodrow Wilson travels to France for World War I peace negotiations.

1924: Astronomer Edwin Hubble announces his discovery of the existence of galaxies outside the Milky Way. The Hubble Space Telescope was named in his honor.

1941: America enters World War II after the Japanese attack on Pearl Harbor, Hawaii.

1966: The first observance of Kwanzaa takes place in Los Angeles. The seven-day holiday celebrates African heritage.

1970: Congress authorizes the creation of a new dollar coin depicting President Dwight D. Eisenhower.

1982: Gabriel Garcia Marquez is awarded the Nobel Prize in

literature. The Colombian writer is best known for his 1967 novel “One Hundred Years of Solitude.”

1990: British computer scientist Tim Berners-Lee demonstrates his information-sharing system that would become the World Wide Web.

2001: Italy’s Leaning Tower of Pisa reopens to the public after 11 years and \$27 million in work to fortify its famous lean.

2017: “Star Wars: The Last Jedi,” the eighth installment in the space fantasy series, premieres. The film’s \$1 billion in ticket sales made it the year’s highest-grossing film.