



SENIOR LIVING COMMUNITY

1006 33rd Street • Vero Beach, FL 32960 • 772-567-5248

Hidden Lakes Administration

Executive Director Dan Bohler
 Administrator Mary Anne Sherry
 Business Office Manager/HR Joelly LaPaz
 Director of Nursing Jasmine Bucklin
 Director of Therapy Caitlin Roush
 Admissions Coordinator Jordan Phillips
 Activities Director Christina Bohler
 Wellness Director Lisa Hernandez
 Dietary Director Andrew Kroner

April Birthdays

4 Margaret C.
 5 Pam W.
 7 Cliff L.
 16 Eleanor D.
 18 Ed G.
 20 Nikki Z.
 25 Frank D.
 29 Sue M.

Important Dates in April

3 Easter Cookout
 4 ... Neighborhood Golf Cart Parade & Egg Hunt
 9 Pancake Breakfast
 10 Community Center Dance Outing
 14 Pizza Party
 16 Men's Breakfast Outing - Nettie's
 21 Ladies' Luncheon Outing - Panera
 23 Sherbet Social
 30 Friends & Family Dinner



April 2026

Resident Spotlight - Vanessa Mikulka



Vanessa Mikulka

Vanessa was born in Thibodaux and raised in Sheens, Louisiana, which has a population of about 350 people. She attended Catholic school from first to twelfth grade. In high school, she was famous for writing poetry and had some of her pieces published. At that time, her favorite hobbies were biking and fishing. Being from Louisiana she loves Creole food, but her favorite Vero Beach restaurant is Fujiyama. She worked as a bank teller and managed the social service

department of the Council on Aging. She primarily did home visits and provided services to seniors. She has two sisters; Katie lives in Louisiana and Lee lives in North Carolina. She is also blessed to have many nieces and nephews. She moved to Flagler County, Florida, in 1977. She moved to the Hidden Lakes Clubhouse Apartments three years ago. Currently, her favorite past times are spending time in nature and bird watching. Her favorite Hidden Lakes activity is the petting zoo. She says she likes the management, activities, and comradery of the people in our Hidden Lakes community.

A Little Rain Must Fall

"The way I see it, if you want the rainbow, you gotta put up with the rain." —Dolly Parton

Wit & Wisdom

"The Earth does not belong to us. We belong to the Earth."
—Chief Seattle

"Whether it's saving the Amazon or just being kind to those around you, we need to take care of each other and Mother Earth."
—Olivia Newton-John

"This Earth is our only home. Together, we must protect and cherish it."
—Ban Ki-moon

"Cherish sunsets, wild creatures and wild places. Have a love affair with the wonder and beauty of the Earth."
—Stewart Udall

"I consider the world, this Earth, to be like a school, and our life the classrooms."
—Oprah Winfrey

"We're all co-travelers on the spaceship Earth and must respect and help each other along the way."
—Stan Lee

"Once you've been in space, you appreciate how small and fragile the Earth is."
—Valentina Tereshkova

"The Earth is a very small stage in a vast cosmic arena."
—Carl Sagan



America's Poets

The list of talented and accomplished American poets could fill thousands of pages. Celebrate National Poetry Month in April by remembering some of these writers:

Walt Whitman. Widely praised as one of America's most influential and innovative writers, Whitman had a career as a journalist before publishing his landmark collection "Leaves of Grass" in 1855.

Emily Dickinson. Known for her solitary devotion to her craft, Dickinson wrote nearly 1,800 poems, but few were published during her lifetime. Her unconventional use of punctuation and capitalization were unique to the mid-19th century.

Robert Frost. Often depicting rural life, Frost's poems—such as "The Road Not Taken" and "Mending Wall"—are regularly studied in literature classes.

Langston Hughes. An important figure in the Harlem Renaissance, Hughes published his first book of poetry, "The Weary Blues," in 1926. His works are often described as honest portrayals of daily African American life.

Wildlife Resident Spotlight by Gail Reiss

The **Wood Duck** is one of the most beautiful ducks in North America. It has a striking mixture of iridescent blues, greens, and purples contrasted by white stripes and patches. Like most duck species, the male is more colorful, with a red bill and eyes. Females are mostly gray and brown with a white ring around their eyes. Its coloration has made it the most sought-after duck by hunters and birdwatchers. I often see a pair resting on the pond behind Elvira Way in Hidden Lakes. Florida is home to year-round and migratory Wood Ducks and one of only a few duck species that nest in Florida. Wood Ducks nest in tree cavities near lakes, rivers, ponds, and other wetland areas. Wood Ducks were once close to extinction in the early 1900s due to over hunting and habitat loss but have made a successful comeback in Florida and across North America. They are now considered common, thriving in brushy and wooded wetlands where they use artificial nest boxes for breeding.



Welcome Our New Dietary Director



Andrew Kroner,
CDM

Join us in welcoming our new community dietary director! Andy will oversee all of the kitchens, in all levels of care. He comes to us with many years of experience as a food service professional.

Community Dance Outing

Join us in going to the Vero Beach Community Center to enjoy live band music and dancing from 10:00am-12:00pm on April 10th! (\$2 cash)

Employee of the Month



Kataya Williams

Help us congratulate Kataya on being our March Employee of the Month! She has worked in our dietary department for approximately ten years. She is a reliable and responsible leader in our Clubhouse restaurant kitchen. She goes above and beyond to support her coworkers, maintains high standards in the kitchen, and creates a welcoming dining experience for our residents. Her hard work and passion truly make a difference in our community.

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Laugh Lines: Bird Puns to Crow About

Here are some corny bird puns that are so funny, you won't be able to stop raven about them! Don't egret missing these!

- Someone has been robin banks lately. The police need help to quack the case.
- Did you hear about the woodpecker who found some really firm bark? It was im-peck-able.
- A restaurant tried adding pelican burgers to its menu, but the meal's big bill ruffled some feathers.
- My friend was keeping a sick bird in his house, but then he was told that it was ill eagle.
- Turkeys are terrible batters. They always hit fowl balls and get tagged out at first baste.
- The neighbors asked me to watch their pet parrot while they were on vacation, but it was too much of a bird-en.
- Her favorite dance is the chicken dance. It's poultry in motion.
- Watching chicks hatch is so egg-sighting!

Toucan play at this game!
Can you think of any bird puns?

Good Times With Good Friends





Rainy Day Tunes

The pitter-patter of raindrops seems to inspire songwriters, and many tunes have been recorded about drizzly days. Which one of these songs about rain is your favorite?

<u>Year</u>	<u>Song</u>	<u>Artist</u>
1944	“Into Each Life Some Rain Must Fall”	Ella Fitzgerald and Bill Kenny
1952	“Singin’ in the Rain”	Gene Kelly
1967	“I Wish It Would Rain”	The Temptations
1970	“Fire and Rain”	James Taylor
1975	“Blue Eyes Crying in the Rain”	Willie Nelson
1980	“I Love a Rainy Night”	Eddie Rabbitt
1984	“Purple Rain”	Prince
1990	“I Wish It Would Rain Down”	Phil Collins
1996	“Like the Rain”	Clint Black
2003	“Songs About Rain”	Gary Allan
2011	“Set Fire to the Rain”	Adele

“This Month In History”

APRIL

1912: Considered the first movie palace, the Strand Theatre opens in New York City. The lavish building could seat nearly 3,000 people.

1924: The first book of crossword puzzles is published.

1935: Congress votes to establish the Works Progress Administration. The WPA created jobs for out-of-work Americans during the Great Depression.

1947: A two-lane bowling alley built inside the White House is unveiled. It was an early birthday present for President Harry S. Truman.

1956: World heavyweight champion Rocky Marciano retires from boxing undefeated.

1969: At the 41st Academy Awards ceremony, Katharine Hepburn and Barbra Streisand tie for best actress. Hepburn won for “The Lion in Winter” and Streisand for “Funny Girl.”

1976: Barbara Walters is named the first female coanchor of a network evening news program. She teamed with Harry Reasoner on ABC.

1983: Alice Walker wins the Pulitzer Prize for her novel “The Color Purple.”

1993: The U.S. Holocaust Memorial Museum is dedicated in Washington, D.C.

2008: Pop star Beyoncé Knowles weds rapper Jay-Z in New York City.

2011: In the largest outbreak ever recorded, more than 300 tornadoes hit a third of the states in the U.S. over four days.

2018: Prince Louis, the third child of England’s Prince William and his wife, Catherine, is born in London.